



Prevention Empowerment Partnership

# VOICE OF THE YOUTH

Substance Prevention Newsletter

Issue 5 | August 2021

## PEP Youth Leaders

On June 1st, eight teens from Cabell and Wayne counties joined the PEP youth leadership team, bringing the team to a total of 12 youth members. Three of these teens, Brooke Hanshaw, Kiesha Conley, and Hamzeh Al-Qawasmi were also hired as summer interns. The youth leaders and interns are currently working on two paid projects, a research project/informational pamphlet, and a PSA poster contest for teens. [Click here to meet PEP's 2021/2022 Youth Leadership Team.](#)



## PEP Updates

PEP partnered with the CADCA and Walmart in a state-wide webinar to provide valuable resources to the community on how to become trained in administering Naloxone, where to access it, and the prevention and intervention services available.

Our most recent Youth Empowerment project is the creation of three paid, summer Youth Prevention Internships. The pilot project creates an opportunity for the interns to work a professional part-time job, receive evidence-based training, participate as staff on all projects and receive prevention mentoring and empowerment to lead other youth.

Although the last year and ½ has been challenging, it has also taught us to improvise to continue to work with our most valuable resource, our youth.

## Upcoming Meetings

Check out PEP's [Event Page.](#)

## Project Spotlight

Link to ["Mind Craft and Prevention Skills"](#) an educational video geared toward youth 3rd - 5th grade. This video was written, performed, and produced by the PEP Youth Leadership Team.

## Asking for Answers

[Submit your questions here.](#)

## PEP Talk

encouraging youth to feel more courageous and enthusiastic about substance prevention



### CATCH My Breath

Take a dive into a vaping prevention program that is making a difference in the lives of local youth!

-Eleni Zerie

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### Positive Perspectives!

Do you need some good news to uplift your day? This article details how Naloxone training and usage has seen an uptick in the last few months, leading to the public being more educated and more prepared to save a life just in case they come across an opioid overdose.

-Isabella Backus



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### Teenage Binge Drinking

Learn all about what binge drinking is, how it is still prevalent, and the numerous risks it poses to teens today.

-Hamzeh Al-Qawasmi

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## Healthy Perspectives

### Prevention Art: Distorted Sun

Art has been used as a tool for exploration and healing since its conception, allowing people to express

their lived experiences with those who cannot relate as well as offering moments of connection for those that can. This piece, “Distorted Sun” by Carrie Napora, describes the way drugs can alter how someone sees the world.

-Sophie Slaughter

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“Distorted Sun” by Carrie Napora



## Seeking Help

In this informational, you will learn about some of the various types of therapy and counseling available for healing substance misuse victims.

-BrookeHayden Carey

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## Without You, I Am Me

Have you ever wondered how and what a drug addict might feel while using substances? This poem provides the reader with a unique way to experience what a drug addict might feel throughout their road to recovery. You will also witness the true power of finding oneself and how it might impact the future.

-J.R. Ash

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## PEP Youth

### Asking for Answers

Interact with our Youth Leadership Team by asking your own questions about substance use. Simply submit a question to the link above. If you would like a quick response, please include your e-mail address in the body of the text, otherwise, your question will be answered in our next quarterly



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### Accomplishments - Powered by PEP

Learn about what PEP's Youth Leadership Team (YLT) has been up to this past quarter through innovative projects, expansion of our YLT group and more!



-Brooke Hanshaw

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### The Future Powered by PEP

This article will inform you of the bright future that PEP's Youth Leadership Team has underway and the projects that we will be bringing to fruition in the coming quarter. It will also give you information on upcoming events that will be hosted by PEP and its Youth Leadership Team, so you do not miss out on any fun prevention activities this upcoming quarter.

- Brooklyn Johnson

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